



**AFRICA**

**I BELIEVE  
IN YOU**



*Africa Amuni Alama*



# TRUST CONNECTS US

## HOW IT ALL BEGAN...



Translated, Africa Amini Alama means: „Africa, I believe in you“. From the outset, my mother, Dr. Christine Wallner, threw her heart and soul into this mission - both **personally** and **financially**. The **first project, the infirmary, was created in 2009** and, thanks to the support of donors and helpers, numerous medical, educational and social projects have been implemented since.

We live and work on site. All of our employees have a clear sense of responsibility, within which they can learn and grow themselves, as well as provide their skills to the organization. **Africa Amini Alama** sees itself as a **place of education** that, in addition to **imparting knowledge**, also **encourages creativity, independent thinking** and warm heartedness.



We enable **guests** from all over the world to **feel the fundamental power of Africa** between Mount Meru and Mount Kilimanjaro, to meet with **locals** and to **experience inner change**.

If you would like to contribute to this and become **part of the Africa Amini Alama family**, then we would be very happy to welcome you.

Yours,  
Mag. Dr. Cornelia Wallner-Frisee



# AT A GLANCE

## Medical Projects



- Handover of the hospital to state management, after 10 years of development
- Polyclinic focusing on preventative medicine, naturopathy and physiotherapy
- Medical care of children at our schools
- Preventative medical education for the local population
- Cultivation of medicinal plants and organic food in our permaculture project

## Educational Projects



- Construction and operation of three primary schools
- Support for three state elementary schools
- Pamoja Secondary School
- Vocational secondary school with a focus on “Sustainable Tourism”
- Vocational training schools: bricklayer, carpenter, welder, mechanic and tailor
- Computer school

## Social Projects



- KinderVilla
- Support for families in need
- Support for women’s groups
- Restaurant

## Environmental Projects



- Several water projects each providing access to drinking water for more than 3,000 people
- Pesticide-free permaculture educational gardens for our schools

## FACTS & FIGURES:

More than **1,500 children** are currently enrolled in our English-speaking primary schools, secondary schools, vocational schools and the KinderVilla. More than **200 Africans** are securely employed by AAA with employment contracts and insurance.



# MEDICAL PROJECTS

## OUR VISION

Access to health by encouraging not only restoration of physical strength & wellbeing but also by changing mindsets and drawing on our capacity to self-heal.

Helping people with limited time and resources in the healing and prevention of illness by **integrating conventional medicine and naturopathy**.

## OUR MISSION

We see ourselves as a center where **preventative medical education** and **treatment strategies**, as well as **comprehensive naturopathic services**, create a **field of healing** for those people in Tanzania who cannot afford it. This **holistic approach** can be integrated into the healthcare system and medical staff can be trained in it.



## OUR PATIENTS ABOUT OUR CENTER

„At this center, I feel that my problems have been **recognised!**”

„**I now know** what is wrong with me!

„The therapies and herbal remedies have brought me back into balance not only **physically** but also **emotionally!**”





# ACADEMIC MEDICINE

## CONSTRUCTION OF THE HOSPITAL AND ITS HANDOVER TO THE STATE AUTHORITIES

When the legal agreements expired, the hospital was **handed over to the state in 2020**. In addition to the **HIV and tuberculosis outpatient clinic**, the hospital is now of great importance for **acute emergency care** and for **mothers giving birth**. We continue to support women with free **mother-child packages**.



## POLYCLINIC WITH A FOCUS ON PREVENTATIVE MEDICINE, NATURAL HEALING AND PHYSIOTHERAPY

As part of our new **preventative medicine clinic**, we combine **conventional medical care** and diagnostics with naturopathic therapies. The preventative medicine clinic consists of a **laboratory, an ultrasound, gynecological and ophthalmological unit, a wound care unit and a dentist's unit**.

We treat people not only from the immediate vicinity, but also from remote areas. The **medical education and training seminars** which we operate at the clinic, in schools and out in the village communities, create health awareness among people of all ages.



# CENTER FOR NATUROPATHY

## NATUROPATHY AND PERMACULTURE

After an initial **diagnosis and treatment based on conventional medicine, African herbal medicine, homeopathy, vital field therapy, Scenar, acupuncture, medical massages**, as well as **specially prepared mixtures and remedies** find their equal standing in the naturopathic clinic. If necessary, **therapeutic-healing interventions** can be re-applied to address deeper causes of the disease. Patients who are being treated for pain also receive support and help by way of **physiotherapy**.

This **broad-based, integrated approach to healing** is widely accepted by the local population.

We source **local medicinal plants** from our **permaculture-project** for the treatment of our patients and generate awareness of **pesticide-free food cultivation**.





# EDUCATION

## OUR VISION

**Children and young people** are given the **tools** to **shape their own lives** through the transfer of knowledge and the acquisition of practical skills.

## OUR MISSION

Establishment and maintenance of **English speaking Primary Schools** as well as a **Secondary School** for children from poor families. In these schools, in addition to the students **acquiring knowledge, creativity and independent thinking**, we aim to raise them to become **responsible members of their communities**. A **Vocational Tourism Secondary School** and our other **vocational schools** teach adolescents a trade in order to integrate them into a **stable working environment** as early as possible.



## OUR STUDENTS ABOUT THEIR TRAINING

„We are the **generation of the future**.“

„We have learned to **act confidently, think critically and follow the call of our hearts**.“

„Soon we will **be successful** in our professional lives and **pass on what we have received**.“







# PRIMARY SCHOOLS

For many years, Africa Amini Alama has been **offering high-quality, English-language schooling** for **underprivileged children and adolescents** who would otherwise never have had a chance to attend school. They are the **beacons of hope for their families**. We help with education and serve meals on a regular basis. The meal they get at school is often their only meal of the day.

## OUR PRIMARY SCHOOLS:

- **Maasai Vision** in Ngabobo, with approx. **309 children**, was our first school in the Maasai region and, with the large number of girls who successfully attend school, is changing the position of women within Maasai families.
- **Worseg Vision** in Momella, with approx. **350 children**, begins with creative Montessori schooling from the earliest preschool years - a foundation for independent thinking.
- **Simba Vision** in Madebe, with approx. **301 children**, is the most remote of our schools. For many Maasai families, from the poorest backgrounds, it is the only option to escape the poverty spiral.

## Support for state schools, which, thanks to AAA, can be run as English-language schools:

- **Lendoya Primary School**, where we not only provide school buildings, but also teachers, school books and school meals.
- **Otlepez Primary School**, where the parents decided to use the income they receive as a village from our Maasai Lodge to maintain the school.
- **Mukuru Primary School**, where we help with food supply, because here, the basic necessities are lacking.
- **Nasula Kindergarten** class, where we help to create an environment of safety and creativity for young children before they start school.



# VOCATIONAL SCHOOLS

At our vocational schools, we run **training courses** for bricklayers, carpenters, welders and mechanics who even have their own EP-Garage. Young people from socially disadvantaged families benefit from a **2-year manual training course** here.

There is also a **Tailoring workshop** with an independent production facility, in which young people complete a **2-year tailoring apprenticeship** with an official qualification. The women's sewing group runs the workshop **as its own profit center**.

The **Computer school** with 10 workstations, is where primary and secondary school children, as well as adults from the local community, can acquire basic IT skills in a **three-month course**.





# SECONDARY SCHOOLS

The **Pamoja Secondary School** offers a **high-quality education** to more than **240 secondary school students** and, in the future, also to around **160 High School students**. As a state school, it is run hand in hand with AAA and the parents, operating as a **‘School of Excellence’**.

The **Africa Amini - Tourism Secondary School**, the first vocational secondary school with a **focus on sustainable tourism**, provides children from the poorest backgrounds with **special skills in the field of tourism**, in addition to the school curriculum. With their post graduate certificate which they receive after 4 years’ schooling, they have the best possible chance of being immediately **integrated into the job market**.





# SOCIAL

## OUR VISION

To **share a part of our wealth** with those struggling to survive.

## OUR MISSION

We help **families in need** until they are able to take care of themselves again. Through sponsorship of their own projects, we enable women to be **financially independent** and to **thrive whilst raising their children**.

## WHAT PEOPLE IN NEED SAY ABOUT US

„Without the quick help, **I would not have survived** with my children!“

„I was able to set up my **own project** and now I can **feed my children myself!**“





# KINDERVILLA AND EMERGENCY AID

## KINDERVILLA IN MOMELLA

A home, in which around 42 children experience a **heartfelt sense of togetherness, safety and joy**, whilst also learning valuable **social skills**. In addition to a solid school education, we emphasize that our children grow up in a **loving and creative environment**.

## EMERGENCY AID FOR FAMILIES IN NEED

**Bridging help** is given to families in extremely difficult situations by providing them with assistance packages. This can be one off help or last over several months. It also includes the **construction of houses** from local building materials for single women with children who do not have housing of their own.





# WOMEN GROUPS

We support **Maasai women's craft groups** in Madebe, Ngabaobo and Lekurumuni. Women who live on the poverty line are able to sell their **jewellery at fair prices** and use the proceeds to buy **food for their children**.

With our help, a group of women at a **sewing workshop** in Momella learned to sew and built a communal production facility. They are now financially independent and **train other girls**.

We also offer **support** to carefully selected women and their **business ideas**, in order to enable them to **live and thrive with their children** thanks to the income generated.





# LOVE CAN HELP

## MORE THAN JUST A MONETARY DONATION

We nurture people and their capabilities to enable them to make a **greater variety** of life choices. This **help** not only satisfies the hunger of the poorest children, enables them to go to school and supports families in need ... but **also creates hope, joy and a future.**

## DONATE AS A COMPANY

The operation of **Corporate Social Responsibility (CSR)** programmes and the offer of corporate donations form part of the core value set for many companies. **Support Africa Amini Alama** with your commitment and **set an example.**

## START YOUR OWN PROJECT

Start your **own project at Africa Amini Alama** or support one of our projects with your **own fundraising campaign.**

## INVEST TIME – BECOME A RAFIKI (FRIEND)

We are looking for motivated, committed and skilled **volunteer multipliers.** Not only your help on site in **Tanzania**, but also **worldwide**, is a valuable support for us.

## BECOME A VOLUNTEER

Pass on your knowledge to our employees in Tanzania by working with us and giving your expertise. We are especially looking for **teachers, sports teachers, social workers, tourism experts, IT specialists and skilled artisans (bricklayers, mechanics, carpenters, metalworkers, tailors).**

If you have any questions, please contact us at  
[office@africaaminialama.com](mailto:office@africaaminialama.com) or +43 (0) 664 / 452 66 67





## CREATE A FUTURE

A sponsorship with Africa Amini Alama means entering into a long-term partnership with the local people and **making an important contribution** to future changes in one of the poorest regions of the world. With your sponsorship, you help children, adolescents and families to have a **promising future**.

**Let's start this new future together!**

You can sponsor a whole range of activities relating to education and social welfare:

### EDUCATIONAL SPONSORSHIP

- Elementary Schools
- Secondary Schools
- Vocational Schools

### SOCIAL SPONSORSHIP

- KinderVilla
- Families in need

### MEDICAL EMERGENCY FUND

- Help with vital examinations or surgery that we cannot perform at our clinic



If you are **interested in becoming a sponsor**, please contact our sponsorship coordination office [sponsorships@africaaminialama.com](mailto:sponsorships@africaaminialama.com) or sign up for a sponsorship online: [www.patenschaft.africaaminialama.com](http://www.patenschaft.africaaminialama.com)

We will be happy to send you further information on sponsorships and assist you with any questions you may have.



# OUR ACCOMMODATION

## ORIGINAL MAASAI LODGE

A special place, run by **Maasai**, where you immediately come to rest, reflect on the **essentials** and immerse yourself in the **authentic Maasai culture**. In the middle of the wilderness of the Maasai steppe, you will find **handmade bungalows** with charming furnishings. Your view: **Mount Kilimanjaro**, Africa's highest mountain.



## HILLSIDE RETREAT

A **powerful place** which you will enjoy all to yourself on the border of Arusha National Park. Every day you will be greeted by the breathtaking sight of **Mount Meru**.  
Exclusively for 2 up to max. 7 people.



45 MINS AWAY FROM MOMELLA

DIRECTLY IN MOMELLA NEAR THE PROJECTS



# YOUR VISIT HELPS US

By booking with Africa Amini Life

## YOU DIRECTLY SUPPORT OUR AFRICA AMINI ALAMA PROJECTS.

Join the **Africa Amini Alama project** and experience Tanzania not only as the **birthplace of mankind**, but also as the **cradle of humanity**. Get an insight into our **educational, social and medical projects**. Join us in our **daily work** and experience Tanzania **off the beaten track**.



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## AFRICA AMINI HOMES

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Enjoy living in Momella in the **midst of the projects** and being spoiled by our students from the School of Tourism.



# YOUR DONATION BRINGS LIFE!



## DONATION ACCOUNTON

Africa Amini Alama - supporting association

### AUSTRIA

IBAN: AT14 1200 0518 4603 1508 · BIC: BKAUATWW

### GERMANY

IBAN: DE96 5003 3300 1274 3060 00 · BIC: SCFBDE33XXX

### SWITZERLAND

IBAN: CH77 0077 7008 6138 2464 0 · BIC: KBSZCH22XXX

## DONATE THROUGH THE WEBSITE

<https://africaaminialama.com/spenden>

Donations are tax deductible in these countries.

## AFRICA AMINI ALAMA

“Africa Amini Alama” (AAA) is an association registered in Austria, Germany and Switzerland (with tax-deductible donations afforded in these countries) and an NGO registered in Tanzania. The literal translation of Africa Amini Alama is „**Africa, I believe in you**“. The areas of activity include **medical, educational and social projects**. Each of these projects is managed on site by a local team and is intended to be self-sustaining in the long term.

## KONTAKT

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*Africa Amini Alama*